

Adolescent Health

- Resides within Bureau of Maternal, Child and Family Health
- Works across population domains, many programs, multiple bureaus
- Coordinator supports connectivity and alignment
 - Identification of needs, strengths, gaps
 - Alignment and connectivity across performance and outcome measures
 - Resource support
 - Stakeholder identification
 - Youth/family voice
 - Life course connection
 - Integration of strategies

Recent Internal Alignment

- Title V Assessment & Action Plan
- State Health Assessment (SHA)
- State Health Improvement Plan (SHIP)



ADOLESCENT HEALTH

Partnership

Promoting and Improving
the

Health

of **Ohio Adolescents**



Formation of Ohio Adolescent Health Partnership

- Ohio Department of Health's Ad Hoc Adolescent Health Advisory Council
 - Primarily clinicians
- 2009 ODH received funding from Association of Maternal and Child Health Programs (AMCHP)
 - Originally for preconception health
 - Stakeholders recognized the need to address adolescent health in a broad, holistic approach



Formation of Ohio Adolescent Health Partnership

- Spring 2010 - Multi-Disciplinary Survey Conducted
- November 2010 - Stakeholders analyzed survey and prioritized adolescent health issues
- 2011 – Re-convened group
- 2012 - Formed Ohio Adolescent Health Partnership



Ohio Adolescent Health Partnership Initial Activities

- Developed Mission and Vision
- Drafted By Laws for Membership
- Developed Members
- Developed Guiding Principles
- Strategic Plan
- Elected Co-Chairs
- Holding this Symposium



Vision

**All Ohio adolescents
are empowered
and able to live
safe, healthy, and
productive lives as
they transition into
and reach adulthood.**

**Valuable
Assets**

Access

**Community
Support**

Education

**Evidence
Based
Research**

**Coordination
&
Collaboration**

**Youth/
Family
Voice**

**Programs,
Policies &
Policies**

**Youth
Development
& Resiliency**

**Disparities &
Inequities**

Process for Developing Plan

- 18-month process
- Diverse group agencies, organize, individuals
- Assessed current adolescent programs/activities
- Collective Impact Process
- Maximize and leverage resources
- Common goals and metrics
- Based on research, evidence and epidemiological data

5 Key Adolescent Health Areas

1. Behavioral Health (Mental Health & Substance Abuse)
2. Injury, Violence and Safety
3. Reproductive Health
4. Nutrition & Physical Activity
5. Sleep

Now have 6. Access to Care

Working Together for Healthy Adolescents

- Engage adolescent and their parents and caregivers, organizations, institutions, and community-at-large
- Coordinate efforts at state and local level
- Create a supportive environment in which adolescents can thrive and meet full potential

Ohio Adolescents are Healthy, Safe and Successful

1. Increase adolescent assets and resiliency skills to reduce the impact of negative external factors
2. Incorporate best available research into the design of all adolescent health interventions, programs and policies

<https://www.ohioadolescenthealth.org/>



Alignment Opportunity



Vision
Ohio is a model
of health,
well-being
and economic
vitality

<https://odh.ohio.gov/wps/portal/gov/odh/about-us/sha-ship/>

Equity

Health equity is achieved when all people in a community have access to affordable, inclusive and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their full health potential.

Priorities

The SHIP identifies three priority factors and three priority health outcomes that affect the overall health and well-being of children, families and adults of all ages.

What shapes our health and well-being?

Many factors, including these 3 SHIP priority factors*:

Community conditions

- Housing affordability and quality
- Poverty
- K-12 student success
- Adverse childhood experiences

Health behaviors

- Tobacco/nicotine use
- Nutrition
- Physical activity

Access to care

- Health insurance coverage
- Local access to healthcare providers
- Unmet need for mental health care

How will we know if health is improving in Ohio?

The SHIP is designed to track and improve these 3 SHIP priority health outcomes:

Mental health and addiction

- Depression
- Suicide
- Youth drug use
- Drug overdose deaths

Chronic disease

- Heart disease
- Diabetes
- Childhood conditions (asthma, lead)

Maternal and infant health

- Preterm births
- Infant mortality
- Maternal morbidity

All Ohioans achieve their full health potential

- Improved health status
- Reduced premature death

Vision
Ohio is a model of health, well-being and economic vitality

Strategies

The SHIP provides state and local partners with a menu of effective policies and programs to improve Ohio's performance on these priorities.

* These factors are sometimes referred to as the social determinants of health or the social drivers of health

Title V

Maternal/Women	Infant/Perinatal	Child	CSHCN	Adolescent	Cross-Cutting
Decrease risk factors contributing to maternal morbidity	Support healthy pregnancies and improve birth and infant outcomes	Improve nutrition, physical activity and overall wellness of children	Increase prevalence of children with special health care needs receiving integrated, physical, behavioral, developmental and mental health services	Increase developmental approaches and improve systems to reduce adolescent and young adult suicide rate	Prevent and mitigate the effects of adverse childhood experiences
Increase mental health support for women of reproductive age					
Decrease risk factors associated with preterm births				Increase protective factors and improve systems to reduce risk factors associated with the prevalence of adolescent substance use	Improve community and social conditions and reduce environmental hazards that impact infant and child health outcomes