

## Advocates for Youth

- **Best Practices for Youth Friendly Clinical Services, 2009**

<http://tinyurl.com/oc2ytj5>

Provides research-based information on youth friendly clinical services – specifically for family planning clinicians and other professionals who provide health care for youth – and offers an overview of the recent medical and public health literature regarding key components of youth friendly clinical services.

- **Best Practices for Youth-Friendly Sexual and Reproductive Health Services in Schools**

<http://tinyurl.com/pjr2q9>

Compliments above guide. Explores four strategies through which schools commonly utilize to provide health services and referrals to care for students: school nurses, school-based health centers, school-linked health centers, and partnerships with community-based organizations (CBOs) or health departments. The report also discusses maintaining confidentiality in school based sexual and reproductive health services.

## Pathfinder International

### **Clinic Assessment of Youth Friendly Services: A Tool for Assessing and Improving Reproductive Health Services for Youth, 2002**

<http://tinyurl.com/q9xma5k>

Designed to help assessment teams, project managers, trainers, supervisors, and others collect detailed information on the range and quality of services provided to adolescents at a given facility or within a given program in order to make services more youth-friendly.

## Centers for Disease Control and Prevention

### **A Teen Friendly Reproductive Health Visit**

<http://www.cdc.gov/TeenPregnancy/TeenFriendlyHealthVisit.html>

CDC Infographic and Elements of a Youth-Friendly Contraceptive and Reproductive Health Services

## Family Health International

### **Training Manual for the Providers of Youth Friendly Services: Family Planning and Reproductive Health**

<http://tinyurl.com/pt94egr>

This training manual is designed to assist in developing the capacity of the providers of youth friendly services (YFS) in providing family planning (FP) and reproductive health (RH) services and information to youth through a training workshop. The training content and methodology of this manual will enable YFS providers to respond to the frequently asked questions by young people such as; body changes that occur at puberty, reproductive physiology and anatomy, virginity, the sexual response cycle in human beings, female genital mutilation, premarital counseling, pre and post natal care in addition to family planning.

## Youth Engagement in Creating Youth-Friendly Health Professionals

### **University of Minnesota, Department of Pediatrics**

#### **YouthCHAT: The Minnesota Model for Youth - Involved Adult Training**

<http://nnsahc.org/images/uploads/YouthCHATGuideJune2013.pdf>

A guide to adapting the University of Minnesota YouthCHAT model of involving youth as actors and teachers in training adult health care providers. Includes tools, worksheets, reading lists and extensive considerations for adapting the model to other states/settings.

### **New Mexico YouthCHAT**

<http://nnsahc.org/images/uploads/Oct16-NMhandouts.pdf>

State adaptation of the UMN youth-engaged model for training health care providers. Adapted for use with school based health center providers and coordinators.

## Academy of Pediatrics / Adolescent Health Working Group

### Adolescent Health Care 101: The Basic; An Adolescent Provider Toolkit, California Edition

[http://www.anthem.com/ca/provider/f3/s1/t4/pw\\_a113103.pdf?refer=provider](http://www.anthem.com/ca/provider/f3/s1/t4/pw_a113103.pdf?refer=provider)

Tip Sheets and Counseling tools including general guidelines and step by step guides to a productive and youth friendly visit, annotated HEADSS Assessment tool; counseling for behavior change. Includes worksheets/tip sheets/checklists for providers and parents regarding youth friendly practice, youth clinical visits.

## NSW Centre for the Advancement of Adolescent Health (Australia)

### Adolescent Health General Practitioner Resource Kit: Enhancing the skills of General Practitioners in caring for young people from culturally diverse backgrounds, 2nd Edition (2008)

- Full toolkit: [http://www0.health.nsw.gov.au/pubs/2008/gp\\_resource\\_kit.html](http://www0.health.nsw.gov.au/pubs/2008/gp_resource_kit.html)
- Section 2 - Skills for youth friendly General Practitioners  
<http://www.caah.chw.edu.au/resources/gp-section2.pdf> (includes Chapter 1: conducting a youth friendly consultation, Chapter 2: conducting a psychosocial risk assessment/HEADS)
- Section 3: Creating a youth friendly practice /  
[http://www.caah.chw.edu.au/resources/gpkit/16\\_Section\\_3.pdf](http://www.caah.chw.edu.au/resources/gpkit/16_Section_3.pdf)
- Appendix 3 - Youth Friendly Practice Review checklist tool

## Research – building on youth strengths in clinical settings

### Communicating in Adolescence: Building On Strengths While Addressing Risks, January 2008

#### American Academy of Pediatrics

<http://www2.aap.org/sections/adolescenthealth/commwebcast.cfm>

AAP webcast archive focused on how to incorporate a practical, strength-based approach in interviewing and intervening with adolescents.

### Inspiring Healthy Adolescent Choices: A Rationale for and Guide to Strength Promotion in Primary Care, Duncan et al. *Journal of Adolescent Health*, 41 (2007) 525–535

Full text: <http://tiny.cc/i2qmrw>

### Conversations with Adolescents: What We Have Learned from Medical Student Exercises with Standardized Patients

Barratt et al. *Journal of Clinical Outcomes Management*, January 2006, Volume 13(1)

Full text: [http://www.turner-white.com/memberfile.php?PubCode=jcom\\_jan06\\_exercise.pdf](http://www.turner-white.com/memberfile.php?PubCode=jcom_jan06_exercise.pdf)

## Youth Empowered Solutions

### School-Based Health Centers and the Intersection of Youth Empowerment and Health Care

<http://tinyurl.com/p38h24y>

This paper was developed to promote the role of youth empowerment in an ever-changing health care system. By connecting research around patient-engagement, patient-centered medical homes and the application of the youth empowerment theory, this paper highlights the impact on both the patient and the provider when youth are given an opportunity to have a more active role in their own health care.